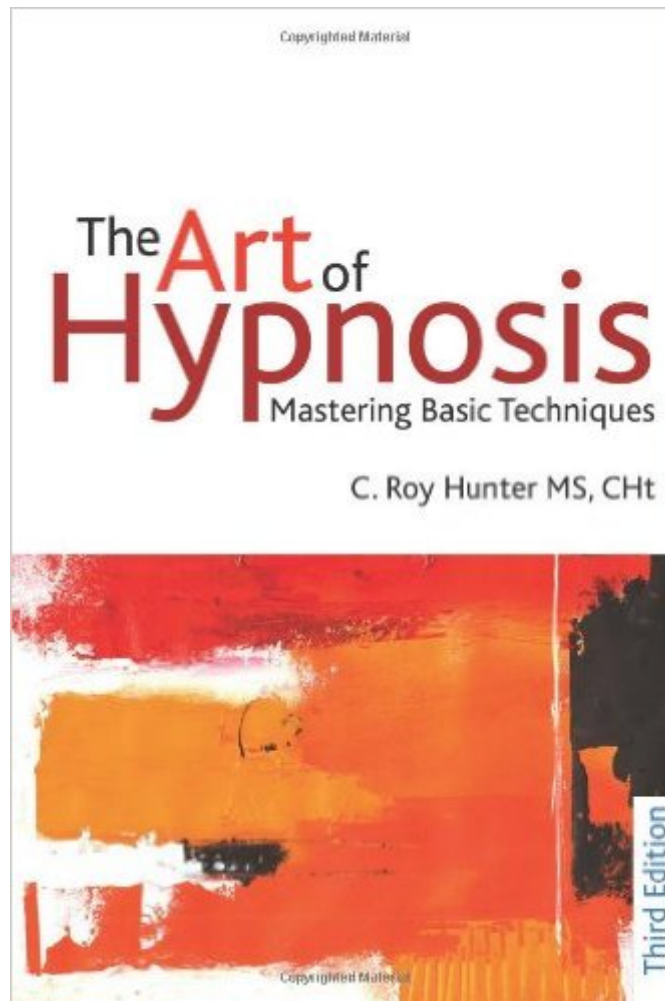


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The Art Of Hypnosis: Mastering Basic Techniques



Synopsis

Roy Hunter is an expert in the field of hypnosis. He was specially selected to carry on the work of the Grand Master of Hypnotherapy, the late Charles Tebbetts, who was a master teacher and contributor to the art/science of hypnosis and hypnotherapy. This book is based upon the training course of Tebbetts, which has been updated by Roy Hunter. Tebbetts training has formed the basis of a large number of hypnotherapy courses taught in America and Europe. The Art of Hypnosis is well-written and easy to read and understand, even for the novice. In-depth and practical information is given on how to achieve maximum results in a hypnotic session by phrasing suggestions properly and by using various techniques to determine which approach is best for each individual client. What is hypnosis and why use it? Hypnosis yesterday and today Inductions and awakening Deepening the hypnotic state Testing during hypnosis Ethics and potential dangers Self-hypnosis for stress coping Concepts about the subconscious taught by Charles Tebbetts Introducing the Art of Hypnotherapy The previous edition of this book was published with ISBN 978-075751101-1.

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Customer Reviews

Contrary to the other reviews I found this book poor on delivery. The author seems to have a hang-up about "degree qualified people" and points out their failing repeatedly. Nor am I a fan of italics, bolding, and large letters to highlight. There are just too many references, by chapter and page to text written by his mentor, Charlie Tibbett. Stepping over all this, the content is badly produced and the insight into hypnosis was only average. The overpowering message is "get

properly trained".

This is one of the most poorly written books I've ever read. It uses all kinds of exclamation points where they're not needed! And it reads like a cheap two-day seminar. When I came here to warn everyone about this book, I had a couple of noticable flaws already in mind, and it made me laugh that ..., said the EXACT things I was thinking i.e. The guy has a really, really creepy hangup about "his late mentor Charles Tibbetts" and is obviously threatened by people with "advanced degrees," mostly because he's a cheap motivational speaker that teaches at TACOMA COMMUNITY COLLEGE. He repeats irrelevant points (such as why he calls his clients "clients" instead of subjects) over and over as if he can't remember that he already covered it or doesn't realize the point is minor. The writing is shoddy, the insight is shallow, his "poise" is extremely defensive, and his own insecurity drips off pages through the words. Is that enough? DON'T BUY THIS BOOK.

As a hypnosis and hypnotherapy trainer, I recommend this book to all of my students. I have received nothing but rave reviews from them. I also recommend Mr. Hunter's book, The Art of Hypnotherapy. Both of these books are used as text books in hypnotherapy schools! For good reason! They come through with the information that a student needs to be well educated in the field.

I understand that it is an author trying to give his mentor/inspiration his fair credit. It is written like a "Dummies" book-using easy language for the layperson. I like the book-it explains the history of hypnosis and why he's telling you about it-which makes the chapter make sense to read. The rest is cool-I feel like I am really getting the same lesson as if I were sitting in a room watching someone do the steps. I guess some ppl are turned off by the mentor tribute, and the way the author explains why some medical professionals want to keep it for themselves. The chiropractic analogy explains it well-and I, for one, am glad I am getting this perspective. I am hoping to one day train in the art and become a master myself!

Learning hypnosis in Chile is not an easy task; you have courses that cover the basics of Hypnosis in a somewhat proper way but they do not cover all the relevant aspects. This book helped me a lot to understand the foundations of the art of hypnosis, and helped me to enhance my performance as Hypnotist.I would recommend this book to anyone who wants to learn the basics of hypnosis! The author has a deep respect for his late mentor and you can see this reflected in the quality of the

book and in its second volume *The Art of Hypnotherapy* that covers some more advanced techniques that in my practice have proven very effective! This book is truly a must have for hypnosis students! So read it, study it and learn the basics that will help you to become a great professional!

This book is the first of two textbooks that the author uses for his college course on hypnotherapy. As such, it is a little different from the "general purpose" introductions to hypnosis and hypnotherapy which are its general peers. A history of the science, some theoretical discussion, and a lot of practical instruction are included. While I know the late Mr. Tibbetts was a leading practitioner and educator, I have to agree with another reviewer that the hero-worship should be toned down a bit. It doesn't detract from the book's value, it's just repetitive. That being said, the book is a fine introduction to the field. I look forward to the second text, "*The Art of Hypnotherapy*."

Having been interested in the field of Hypnosis for over twenty years I have read many publications on the subject. This book is on target. It is worthy of reading and having in your Library. If you are interested in learning more about the ART, this is a must read type of book. My Thanks to Mr Hunter for composing this publication in a manner that allows it to be easily read and comprehended. I am looking forward to the release of his newest book "*Master the Power of Self-Hypnosis*."

Start learning about hypnosis with Roy Hunter's *Art of Hypnosis*. This book covers all the basics in a clear and easy to read fashion. I love this book. Kevin Hogan, ...

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